

Appreciating U

Increase your skills and appreciate your value!

Sign up for one of our interactive training workshops!

Explore Your Skills

Identify your skills and recognize how you can add personal value to an organization. We recommend that you take this course before taking the Resume course and the Job Interview Success course.



July 21, 2009
1:00 pm to 4:00 pm

Resume Building

Effectively build and your resume. Identify the resume format that works best for your career search, compose a well written cover letter, and create a resume that highlights your accomplishments.



July 23, 2009
1:00 pm to 4:00 pm

Job Interview Success

Research employers who need your skills, identify the types of interviews, types of questions, and provide effective answers. Apply the proper interview techniques and use the SHARE method.



July 28, 2009
9:00 am to 1:00 pm

All courses will be held at:

10717 Camino Ruiz ▪ Suite 252 ▪ San Diego, CA 92126

**Pay online by July 15, 2009
and receive a 50% discount**

www.appreciatingu.net

619-203-8074